



Focus

- Boosts memory + recall
- Reduces mental fog + fatigue
- Improves concentration, attention and alertness



Fire up your brain and start clearing the fog with Focus. Formulated to keep you feeling relaxed, focused, and sharp, this advanced remedy conditions your mind to operate at peak performance. Featuring a beneficial blend of brain and mood-boosting ingredients, Focus promotes an ideal mental state to improve memory, mental speed, and concentration. Enhance learning with Focus and give your body a healthy mental advantage.

What are the benefits of Focus?

Specifically designed to promote an ideal mental state, Focus uses a unique and proprietary blend of ingredients, supported by human clinical research, that promotes focus, alertness, and overall cognitive performance.

Is Focus a nootropic supplement?

Yes, several of the ingredients in the formula (e.g., L-theanine, DMAE, caffeine, and huperzine A) have human clinical research on their ability as single ingredients, as well as in formulation, to promote increased focus, memory, and overall cognition.

Why should I take Focus daily?

You should take Focus daily to not only gain the immediate benefits of increased mental and physical energy, but also for the long-term benefits resulting from sharpened cognitive performance and productivity.

Is there a mind/body benefit to consuming Focus?

Yes. The human brain is the central “hub” of all physical, mental, and emotional workings of the body. Both short- and long-term use of Focus plays a synergistic role in strengthening the complex interaction between mind and body. When you feel energized and revitalized mentally and physically, and you notice improvements in your performance at home, school, or work and overall advances in your life in general, this has a profound effect on the connection between mind and body.

Do I need to take 2 capsules?

Yes. It is recommended that you start with 32 capsules per day. If you desire to reduce the effect of the product, you may decrease to 1 capsule per day. Depending upon your body weight, age, and sensitivity to certain ingredients in the formula, you may find taking 1 capsule to be effective.

well-beyond.com

Focus has 125 mg of natural caffeine per serving. Is that amount of caffeine safe to take every day?

Taking 125 mg of caffeine daily is safe. The current scientific literature states that up to 400 mg of caffeine from all sources in one day is perfectly safe.

Will taking Focus cause me to feel jittery?

As with any dietary supplement, any one person can experience a different reaction when taking Focus. However, the specific ratio of ingredients in Focus has been formulated to promote an even and steady release of energy, focus, and increased performance with little to no “drop off” or “crash” afterward.

I have been feeling tired and worn down lately; can Focus help me feel more energy?*

Yes, the blend and proprietary ratio of L-theanine to caffeine in Focus has been shown in human clinical trials to boost both mental and physical energy. Individuals who take Focus report a sensation of increased physical energy and mental awareness.

Are there any prescription drug interactions I should be concerned with if I take Focus?

If you are currently taking prescription drugs for any medical condition, including depression, anxiety, or any other psychiatric disorder with the class of drugs called SSRI's, SNRI's, or any other mood stabilizers (e.g., Prozac, Zoloft, Lexapro, Citalopram, Paxil, Effexor, or Cymbalta), you should consult with your personal healthcare provider prior to consuming Focus.

Can adult men and women both take Focus?

Yes, Focus is formulated for both men and women.

Can children take Focus?

No, children under the age of 18 should not take Focus.

Can women who are pregnant or nursing or anyone with a medical condition take Focus?

Women who are pregnant or nursing or anyone with a medical condition should consult with their healthcare provider before taking any supplement, including Focus.

Key ingredients***Glyvia™***

A proprietary blend that helps maintain normal blood glucose levels and a healthy glucose metabolism.

L-Theanine

A natural amino acid found commonly in green tea, L-theanine is generally used to support mood and relaxation.

Beta-Alanine

A naturally occurring amino acid, beta-alanine has been shown to support certain physical performance.

DMAE Bitartrate

An amino acid compound, DMAE supports mental vigilance and alertness, as well as overall mood.

Natural Green Tea Caffeine

One of the most studied of all dietary supplements, caffeine has been shown to be effective (especially when combined with L-theanine at the proprietary level of Beyond Focus™) at increasing physical alertness and energy, as well as promoting mental focus and stamina.

DL-Phenylalanine

A mood-boosting amino acid, DL-phenylalanine supports brain function.

Huperzine A 1%

A phytochemical extracted from the Chinese herb *Huperzia serrata*, huperzine A supports mental function.

Directions for use

As a dietary supplement, take 2 capsules daily in the morning or as directed by your healthcare professional.

S U P P L E M E N T F A C T S

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
<i>Chromium (as Chromium Polynicotinate)</i>	15mcg	29%
Focus Complex: <i>Glyvia™ Complex, L-Theanine, DMAE Bitartrate, Natural Green Tea Caffeine, DL Phenylalanine, Huperzine A 1%</i>	951mg	

*Daily Value not established

Other Ingredients: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Magnesium, Stearate and Silicon Dioxide

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.